



# WESTSIDE FOOTBALL CLUB

## SKILLS & DRILLS

@ OT SKILLS DEVELOPMENT  
1500 20TH ST SW UNIT 2  
CEDAR RAPIDS, IA 52404

## PREP & PLAY

@ FC UNITED INDOOR FIELD  
8610 MILBURN RD  
CEDAR RAPIDS, IA 52411

## TUESDAYS

3RD to 5TH @ 6:00  
6TH to 8TH @ 7:00  
BEGINS JAN 26

## THURSDAYS

3RD to 5TH @ 6:00  
6TH to 8TH @ 7:00  
BEGINS JAN 28

## SUNDAYS

ALL GRADES + JHS PLAYERS  
4:00 - 6:00  
BEGINS FEB 7

What: Jefferson Coaches giving an hour of skills and Jefferson Football specific coaching

When: Tuesday & Thursday Nights Beginning January 26 and Running at least thru March

Where: OT Skills Development is off 16th Ave (to the left as you enter Jefferson on 20th ST)

What: Jefferson Coaches & HS Players working along side future J-Hawks

When: Sundays beginning Super Bowl Sunday, February 7, 4-6:00 PM

Where: The Full Indoor Field is located in NW CR just south of Tower Terrace

WHO: All Current 8<sup>th</sup> – 3<sup>rd</sup> Grade Players in the Jefferson Attendance Area

HOW: There is no initial cost. Just register here:

<https://forms.gle/YwpLj54H2GJgB7X4A>

WHY: To provide the best possible structure for Future Jefferson Football Players to *learn, get better, compete, win* and *have fun* playing JEFFERSON J-HAWK WINNING FOOTBALL.

Q: Is this for football players who wish to play football for Jefferson in the Fall?

A: YES, this IS THE WAY that 3<sup>rd</sup>-8<sup>th</sup> Grade Future J-Hawk Players will sign up for fall padded leagues, as well as Flag Opportunities.

Q: How long will the practices and opportunities continue?

A: It is our intent to provide practice and competition opportunities throughout the rest of the winter, spring, summer and fall

Visit the [Westside Football Club Webpage](https://www.jhawkfootball.com/wsfb-club.html) for more information <https://www.jhawkfootball.com/wsfb-club.html>