# Hawk Talk



**MAY 2021** 

# NOTE FROM THE PRINCIPAL

Hello Hoover families,

As the year draws to a close, we are taking time to reflect on the amazing growth our students have made, and how we have persevered as a community through so many challenges. From closures and COVID protocols to the storm that devastated our community last year, we have had a difficult year of challenges to face. However, it has also given us the opportunity to show how we can come together as a Community Based School to support each other and our families, and show the power of what we can do when we work together.

As we look ahead to next year, I know there are many questions about what things will look like for our schools and our children. Questions of which protocols will remain the same, and which will change remain unknown for certain at this point. As we continue to receive guidance from the district, and plan for our families, we will continue to communicate with all of you regarding next year. Regardless of what is thrown our way, this year has shown us we are capable of taking on any challenge and staying solution focused to support our students and their families.

To our fifth grade students and families, we wish you the best of luck, and look forward to hearing from you down the road with all of your success! To our students who were remote this year, we are looking forward to seeing all of you back in the building next fall, we have missed you! Finally, to our returning students, have a wonderful summer, and we can't wait to continue our journey with you when you return!

Take care,

Clint Stone

Principal

Hoover Community School

# **CALENDAR OF EVENTS**

# <u>May</u>

31 Memorial Day

No School

<u>June</u>

2nd Report Cards are sent home

4th Early Dismissal- Last Day of School

# **SCHOOL HOURS**

The school day for Students starts at 8:50 AM and ends 3:50 PM

If your child arrives after 8:50 AM they will be counted tardy.

Breakfast starts 8:30

Early Dismissal Days 8:50- 2:20

# **SUMMER SAFETY**

As the weather warms up and summertime approaches, it is important to be reminded of some safety tips. Here are a few ideas to help keep your child or teen or any adult safe this summer:

#### Water Safety

- No one should ever swim alone.
- Remain with and watch over children while in or near water.
- Don't swim in unsafe water.
- Be sure your child learns to swim.

#### Bikes, Skates, and Skateboards

- Be sure your child always wears a helmet that fits.
- Wear knee and elbow pads when appropriate
- Be sure your child knows your rules about where and when your child may ride or skate.
- Teach your child the rules of the road.

#### Sun Exposure

- Insist that your child or teen wears sunscreen and don't forget to reapply yourself, too.
- Make sure to have adequate water and fluids for all to prevent dehydration.
- Avoid peak sun exposure between the hours of 11AM and 2PM.

#### Miscellaneous

- When in wooded or grassy areas, wear protective clothing or bug sprays to protect against tics and other insects. Remember to check scalp and clothing after being in these areas.
- lowa state law requires seat belts be worn in the front seat by all passengers and beginning July 1, 2010 lowa state law will require passengers up to age 18 wear a seat belt or be in a proper restraint seat in the back seat of a vehicle. By law a child under 6 years must be secured in a child restraint seat (a safety seat or booster seat). A child under 1 year and less than 20# must be secured in a rear facing child restraint system. Due to possible air bag injuries children should be restrained in the back seat of your vehicle.

Remember: Children learn from example and will imitate both your safe and unsafe habits. Take the time to enjoy the outdoors and play with them!





January 1st started registration for Kindergarten and preschool the school year of 2021-2022. If you have a child the will be 5 years old or a preschooler, you can still register them. All registrations are done online at the district website www.cr.k12.ia.us. Please feel free to contact Hoover's main office with any questions 319-558-2369. Thank you.

# **SCHOOL FEES REMINDER!**

Please pay your consumable material fees.
Consumable Fees are due at the beginning of the school year. Consumable fees are \$31.00 per student for the entire year. The fee is used to cover a part of the cost of consumable instructional materials. Please see Patty in the main office or you may pay these on line in Infinite Campus.



# **SCHOOL SUPPLY LIST**

Next fall's school supply list is available on the Hoover website.



# **NEXT FALL**

First day of classes next fall will be Monday August 23rd, and breakfast will begin at 8:30 and classes will start at 8:50. Students should not arrive before 8:30. Classes will dismiss students that day at 2:20. We will send more information out later this summer letting you know if we will have an Open House. We are not sure at this time how things will be in the fall and as we learn more we will pass that information on to families. We look forward to another great year at Hoover. Have a great summer and we will see you all in the fall.



Cedar Rapids Community School District takes your safety seriously and welcomes your input. Please contact your building principal/administrator and report any safety concerns that you may have.

Thank you for helping us keep staff and students safe.

#### **HY-VEE CASH FOR STUDENTS**

Please remember to bring in your Hy-Vee receipts. This is a very easy way to raise money for your student's school. For every \$200 in receipts, Hoover receives a \$1. No receipt is too small; all the amounts add up in the end. Please remind family and friends to save their receipts. Thank you!

### TEACHER QUALIFICATIONS

Parents/Guardians in the Cedar Rapids
Community School District have the right to learn
about the following qualifications of their child's
teachers: state licensure requirements for the grade
level and content areas taught, the current licensing
status of your child's teacher, and baccalaureate/
graduate certification/degree. You may also
request the qualifications of an instructional
paraprofessional who serves your student in a
schoolwide Title I program. Parents/Guardians may
request this information by calling the Hoover Office.

The Cedar Rapids Community School District ensures that parents will be notified in writing if their child has been assigned, or has been taught by a teacher for four or more consecutive weeks who is not considered highly qualified.



The District offers an online Virtual Backpack site to support the efforts of community organizations wanting to share information about educationally-based programming.

Individuals or organizations wishing to post material on the Virtual Backpack submit items electronically and approved materials will appear online for families to access.

Organizations will find a link to submit flyers for consideration on the District homepage at www.cr.k12.ia.us. Families can access the Virtual Backpack from their school Web site.

#### Non Discrimination Policy

It is the policy of the Cedar Rapids Community School District not to discriminate in educational programs on the basis of race, creed, color, gender, sexual orientation, marital status, gender identity, socioeconomic status, national origin, religion, disability, age (except for permitting/prohibiting students to engage in certain activities) or genetic information and in employment opportunities on the basis of age, race, creed, color, gender, sexual orientation, gender identity, national origin, religion, disability or genetic information. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact Justin Blietz, Director of Culture & Climate Secondary Education (JBlietz@crschools.us), and/or Linda Noggle, Executive Director of Talent Management, (LNoggle@crschools.us), Educational Leadership and Support Center, 2500 Edgewood Rd NW, Cedar Rapids, IA, (319) 558-2000.

#### PROOF OF RESIDENCY

All new students entering the Cedar Rapids
Community School District, current students entering a new building or current students who move to
a new residence must provide the proper
documentation to establish proof of residency. The
name and address on these documents must match
the name and address of the parent or legal
guardian (or primary parent) of the student. The
legal residence of a minor student is the same as
that of his/her parents/guardians. If the residence
of a minor is not the same as the parent's, the
residence must have been established for the sake
of the student having a home and not for the sake
of attendance in the District or a building.

Acceptable proof of residency documents is listed below.

- The parent/guardian name and the residence address must be listed on the document and residency at the address is required.
- Purchase contract with possession date or closing date
- Most recent property tax bill
- Recent mortgage statement
- Utility bill (gas or electric) for the last or current month
- If you rent, please provide one of the following:
  - A current, signed lease or rental agreement with the rental term listed
  - Utility bill (gas or electric) for the last or current month
  - A pay stub from your employer, for the last or current month, showing the resident address
  - A notarized letter from the landlord with the rental term listed. It must list the property owner's name, address, and signature; and the name and signature of the parent/guardian residing at the residence.

#### Additional information:

Any student whose residency is deemed homeless will be verified by our District Homeless Coordinator.

Falsification of any information or document required for residence verification, or the use of the address of another person without actually residing there may result in revocation of enrollment at an attendance center and reassignment to resident school.

Procedure 602.4c may be viewed in full at: <a href="http://www.cr.k12.ia.us/aboutUs/BoardOfEd/support-Docs/PolicyHandbook/PolicyHandbook.pdf">http://www.cr.k12.ia.us/aboutUs/BoardOfEd/support-Docs/PolicyHandbook/PolicyHandbook.pdf</a>

# HEALTHY STUDENTS ARE BETTER LEARNERS NOTES FROM THE SCHOOL NURSE

### **NUTRITION**

A lot has been in the news about obesity and children. Some families eat out many times a week. Processed foods seem faster for us to prepare when we are busy with activities. Body mass index screening of the Cedar Rapids School District kindergarteners and fifth graders show that some students are at risk for being obese.

Where do we go from here? Here are some ideas for healthier choices.

#### **Eating out:**

- select a salad with low fat dressing on the side.
   Dip your fork in the dressing before each bite of lettuce instead of pouring it on the salad.
- select meats that are grilled instead of fried or breaded.
- avoid super sizing.

#### **Snacks:**

- try freezing fruits such as blueberries, grapes and strawberries or eating frozen peas as a refreshing treat.
- make your own granola mixture with whole grain low fat cereals, dried fruits, nuts and a small amount of chocolate.
- instead of pop or a sports drink consider a glass of cold water, milk or 100% juice

# **FOOD FOR THOUGHT**

According to the U. S. Department of Agriculture, the average cost of a serving of fruit or vegetable (all types-fresh, frozen, and canned) is 25 to 50 cents per serving. This is a good deal compared with a 99-cent single-serve bag of potato chips or an 80-cent candy bar.

