

Hawk Talk

Herbert Hoover Elementary School
Celebrating 50 Years



SCHOOL HOURS

The school day for Students starts at
8:55 AM and ends 3:45 PM
If your child arrives after 8:55 AM
they will be counted tardy.
Breakfast is from 8:20- 8:45 AM
Early Dismissal Days
8:55- 1:30

Don't Forget!

Parent/Teacher conferences are Thursday October 22nd and Tuesday October 27th. It is very important for you as well as our teachers to have this time to discuss your child's progress, concerns and accomplishments. Parent/teacher conferences are a wonderful way for students to show their parents what they are working on in the classrooms and share their work. Please mark your calendars.

CROSSING GUARDS NEEDED

Hoover is in need of additional crossing guards.
Please apply online www.cr.k12.ia.us/employment Or call 558-2421

CALENDAR *of Events*

October

- 1..... Atanasoff/Seeley classes field trip
- 2..... McMahon class field trip
- 12-16..... Book Fair
- 13..... PTA Meeting 6:00-7:00
- 16..... No School
- 19 Fire Department visits Kindergarten and 3rd Grade
- 22 Parent Teacher Conferences 4-7
- 23 American Reads Day
- 27 Parent Teacher Conferences 4-7
- 30 October Birthday celebrations
..... PARRT Assemblies

November

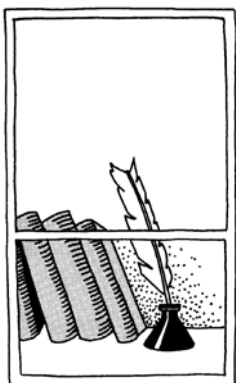
- 4..... Early Dismissal 1:30
- 10..... PTA Meeting 6:00-7:00
- 16..... Fire Department Holiday Safety visit 3rd grade
- 25-27 Holiday Break- No classes



HERE IS THE IOWA SEX OFFENDER WEB SITE

[Http://www.iowasexoffender.com/mapsearch.php](http://www.iowasexoffender.com/mapsearch.php)

You can enter any address you want to see who is registered. Set the distance at 3 miles to see all around you.



Note from the Principal

Hello Hoover families,

We are off to another great start here at Hoover! It is fantastic having all of your children back in the building. We are into our routines here at school, and hard at work. For the past two years, we have kept you updated through our Twitter feed with pictures and events here at the building. This year, in an attempt to reach more of our families, we will be using our school Facebook page, which was developed over the summer. From pictures of our kids doing amazing things at school to updates on upcoming events, we will be posting as much as possible to keep home and school connected. Please “like” our page to keep up on what is happening here in the building.

This year at Hoover we are really focusing on helping our students develop a growth mindset. What this means for our kids is they understand how to persevere by either working harder or trying a new strategy when things get tough. This is a concept that will benefit our students not only in the classroom, but in life as well. Part of work is focused on changing their mindsets from, “I’m smart” or “I’m not good at math” to understanding that through hard work they are capable of success with anything in life. This also means we will be talking throughout the year about how our brains grow and develop, and that we aren’t born with a fixed amount of intelligence. At home, one of the ways you can support this work is by providing specific verbal praise for things your students are doing. For example, rather than saying, “You are so smart!” you might say, “You worked really hard on that!” By praising effort rather than just ability, we let our children know that they are capable of anything with enough hard work.

Each year every school in Cedar Rapids develops a School Improvement Plan. The plan reviews what we worked on, with our results, for the previous year, and then discusses the specific steps we will be working on to continue to improve and support our students this year. As always, we want you to know everything that is happening here at the building. With that in mind, you can find a link for our School Improvement Plan on our building website. In addition, you can also find a copy of the building Plan on a Page. This is a summary of our action steps if you don’t want to read the entire plan. We welcome your support and input after reading the document. If you have any questions, please don’t hesitate to let me know.

Take care,
Clint Stone
Principal
Hoover Elementary

E-REGISTRATION

PowerSchool is the student information system used by the Cedar Rapids Community Schools. It gives parents the ability to access their child’s attendance and stored grades and to email their teacher or teachers anywhere there is internet access. You can update your child’s information for your school- new phone numbers, address, health information etc. You can access your parent account you set up last year. Or parents will need to set up their own account using the temporary access id and password which was provided to you if you do not have an account already. We will need every family to update their account as soon as possible this gives us current emergency contact information and permissions for field trips and computer use. Thank you!



TIPS FOR A SUCCESSFUL START

"A beginning is only the start of a journey to another beginning."

-Anonymous-

Every child is different, and their reaction to new things will not be the same.

Feelings students may be experiencing:

Excited, Nervous, Anxious, Scared, Happy Sad, and Unsure.

Parents may be feeling ALL of these same emotions and more

Help your child by letting them know that all of these feelings are normal (for children and parents!). Most important for you and safety your child is the issue of safety

In order to ensure your child's safety at school, the Hoover team teaches, practices, and reinforces rules, guidelines, and procedures.

At HOME you can make sure your child knows:

- Your expectations for them.
- How will they get to school (ride bike, walk, get dropped of by parent or daycare)?
- Where are they to go after school?
- Will they be picked up, will they walk, or will they go to Waypoint?
- If they have brothers & sisters, where will they meet after school?
- Their full name (first & last)?
- Your phone number? (And inform Hoover office ASAP if your number changes!)

Many of Hoover's students walk or ride their bikes, so it is important to go over the rules about safety LAWS:

- Walking IN the crosswalk
- Riding a bike with a HELMET on
- Not talking to STRANGERS (or accepting a ride from anyone they do not know)

The last safety concern is one you might not think about; it is (believe it or not) your child's BACKPACK:

- Pack LIGHT & organize so that weight is evenly distributed.
- Use both straps (too much weight can cause injury to shoulder or back)
- Tighten straps so pack is close to the body (pack should be 2 inches above the waist)
- CHECK you child's backpack NIGHTLY – you will be amazed what you will find

This is a great help to good communication with your child's teacher, also!

Using these tips will hopefully help you & your child get ready for this new school year! There are a lot of stressors in our children's life, but by working together we can help them cope with them in positive ways. If you have any questions/concerns/comments, please feel free to contact me. I look forward to meeting you!

Keep on Communicating with your Child!

Lisa Coyle

Counselor

HY-VEE CASH FOR STUDENTS



Please remember to bring in your Hy-Vee receipts. This is a very easy way to raise money for your student's school. For every \$200 in receipts, Hoover receives a \$1. No receipt is too small, all the amounts add up in the end. Please remind family and friends to save their receipts. We have a large blue bin in the front foyer for you to deposit receipts in.

Thank you!

Non-Discrimination Policy

It is the policy of the Cedar Rapids Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (employment only), marital status, sexual orientation, gender identity, and socioeconomic status (students/program only) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. District employees with questions or a grievance related to this policy should contact Jill Cirivello, Director of Human Resources, 319-558-2421; jcirivello@cr.k12.ia.us. Students and others should contact Ken Morris, Manager of Student Equity, 319-558-1504; kmorris@cr.k12.ia.us. The District mailing address is 2500 Edgewood Rd NW, Cedar Rapids, IA 52405-1015.

YOUR SCHOOL'S HEALTH OFFICE



Cedar Rapids Community Schools promotes the belief that healthy students are better learners. Each school's health office is staffed by a school nurse and a health secretary. The school nurse has multiple building assignments and will visit each school at least once each week. They are available by pager for questions or consultation at all times. The health secretary is certified in CPR, First Aid and medication administration and is in the health office every day.

The school should be informed of students' significant health conditions. This information should be written in the space provided on the Student Emergency Card at the beginning of the school year. The information will be shared with school staff that need to know about your child's condition. If the condition requires special adjustments in the school environment, the school nurse should be contacted. Any changes in student health status during the year should be communicated to the school nurse or health secretary.

Students are sent to the health office if they are injured or appear ill. Depending on the student's need, their temperature may be taken. If the student has a temperature that is 100 degrees F. or over, the parent/guardian will be called and the student will be sent home. The student may return to school when they have been fever free, without the assistance of medicine. Temperature is not the only symptom that influences the decision to send the student home; general appearance and functioning are also important factors.

After a period of observation a decision will be made to do one of the following:

1. Call the parent/guardian
2. Allow the student to rest in the health office for a brief period
3. Return the student to class

Parents will also be notified of injuries, which appear to require close observation or medical attention.

If you have any concerns or questions regarding health issues for your child, do not hesitate to call your school's health office.

WHY IS HAND WASHING SO IMPORTANT?

"Did you wash your hands?" How many times did you say that today? Kids may not always listen when you tell them, but it's a message worth repeating. Hand washing is by far the best way to prevent germs from spreading and to keep your kids from getting sick.

Think about all the things your kids touched today from pencils to the toilet. Whatever they did today, they came in contact with germs and those germs can easily find their way into the body, especially when eating.

Good hand washing is your first line of defense against the spread of many illnesses, including colds, influenza, meningitis, hepatitis A and most types of infectious diarrhea.

The best times to wash your hands are before eating or touching food, after using the bathroom, and after blowing your nose, touching pets or playing outside.

Use these hints when washing your hands.

- Use warm water
- Use soap
- Work up a good lather, rub for at least 15 seconds
- Rinse and dry well with a clean towel

Don't underestimate the power of good hand washing. The extra time you spend at the sink will save you even more time at the doctor.



HEAD LICE

Between six to twelve million children, including one in every 100 elementary school kids will have head lice each year. You should examine your child's head, especially behind the ears and at the nape of the neck, for nits and lice if your child has symptoms (mostly itching) of a head lice infestation. If nits or lice are found, all household members should be examined for nits and lice every 2-3 days. Persons with live (crawling) lice or nits within ¼ inch or less of the scalp should be treated.

To eliminate head lice successfully, it is very important that all treatment instructions and steps are carefully followed and completed. Your school is able to provide you with all the necessary information.

If your child has live lice, you should notify parents of your child's playmates, as well as your child's school or child care facility, so that steps can be made to prevent further spread.

The Cedar Rapids School District does not support a "No-Nits" policy that requires a child to be free of nits before they can return to school or a child-care facility. Children should be permitted to return to school or child-care after appropriate treatment is started. Head lice can be a nuisance but they have not been shown to spread disease.

The information materials on the CDC's Lice Web site are available to view or print at www.cdc.gov/lice/head.html

METRO CARE CONNECTION

The Cedar Rapids Community School District is fortunate to have three "Metro Care Connection" health centers. They offer free health care to all Cedar Rapids students without access to affordable health insurance or a primary care provider. Each center is staffed by a Pediatric Nurse Practitioner. Our nurse practitioners provide:

- Physical exams and immunizations
- Treatment of minor illness
- Basic laboratory tests
- Prescriptions for medications
- Health education and counseling
- Referral for complex medical conditions



Contact your school's health office if you would like more information regarding Metro Care Connection.

If you have any concerns or questions regarding a health issue or if you need assistance obtaining a health care provider, do not hesitate to call your school's health office.



Cedar Rapids Community School District
School-Based Health Centers & Services

STUDENTS THAT ARE SICK OR LATE



When your child is ill, absent or going to be late, please call the clinic at 558-2370. If you are leaving a message please be a detailed message, the time you called and a phone number that you can be reached at if necessary. Students are expected to be in class and to make attendance a top priority. Parents/guardians of the student who will be absent are to notify the school attendance office prior to the absence. If advance notification is not possible, parents/guardians are asked to notify the school office on the day of the absence. If notification is not received, the office attempts to contact the parents/guardians at their emergency number(s). The school determines whether an absence is excused or unexcused. Excused absences include, but are not limited to, illness, family emergency, recognized religious observances and school activities. Unexcused absences include, but are not limited to, tardiness, shopping, hunting, concerts, preparation or participation in parties or other celebrations, and employment.

THE CORNERSTONE CLOTHES HANGER

The Cornerstone Clothes Hanger is a FREE clothes closet that is opened year round to help meet the needs of the people of our community. It is located at 162 Jacolyn Drive NW across the street from Dollar General and next door to St. Mark's Church. It is open every Tuesday morning 9-11AM and every Wednesday evening 5-6PM and Saturday 9-11AM. Donations re accepted during operating hours. For more information contact Jenny Drake at djdrake@mcleodusa.net or St Marks Church at 396-6361.



Safety Concerns
Cedar Rapids Community School District takes your safety seriously and welcomes your input. Please contact your building principal/administrator and report any safety concerns that you may have. Thank you for helping us keep staff and students safe.

SCHOOL FEES REMINDER!



Please pay your consumable material fees. Consumable Fees are due at the beginning of the school year. Consumable fees are \$28.00 per student for the entire year. The fee is used to cover a part of the cost of consumable instructional materials. Please see Patty in the main office or you may pay these on line with Cashonline.com.



VIRTUAL BACKPACK

The District offers an online Virtual Backpack site to support the efforts of community organizations wanting to share information about educationally-based programming.

Individuals or organizations wishing to post material on the Virtual Backpack submit items electronically and approved materials will appear online for families to access.

Organizations will find a link to submit flyers for consideration on the District homepage at www.cr.k12.ia.us. Families can access the Virtual Backpack from their school Web site.

TEACHER QUALIFICATIONS

Parents/Guardians in the Cedar Rapids Community School District have the right to learn about the following qualifications of their child's teachers: state licensure requirements for the grade level and content areas taught, the current licensing status of your child's teacher, and baccalaureate/graduate certification/degree. You may also request the qualifications of an instructional paraprofessional who serves your student in a schoolwide Title I program. Parents/Guardians may request this information by calling the Hoover Office.

The Cedar Rapids community School District ensures that parents will be notified in writing if their child has been assigned, or has been taught by a teacher for four or more consecutive weeks who is not considered highly qualified.

NEW MEAL PRICES

2015-2016 school year shows a slight increase in school meal prices.

Breakfast for elementary school is \$1.60 for student and \$1.95 for an adult.

Lunch for elementary school is \$2.50 for student and \$3.40 for an adult.

Free/reduced lunch applications are available in the mail office or online at www.cr.k12.ia.us.



PROOF OF RESIDENCY

All new students entering the Cedar Rapids Community School District, current students entering a new building or current students who move to a new residence must provide the proper documentation to establish proof of residency. The name and address on these documents must match the name and address of the parent or legal guardian (or primary parent) of the student. The legal residence of a minor student is the same as that of his/her parents/guardians. If the residence of a minor is not the same as the parent's, the residence must have been established for the sake of the student having a home and not for the sake of attendance in the District or a building. Acceptable proof of residency documents are listed below.

- The parent/guardian name and the residence address must be listed on the document and residency at the address is required.
- Purchase contract with possession date or closing date
- Most recent property tax bill
- Recent mortgage statement
- Utility bill (gas or electric) for the last or current month
- If you rent, please provide one of the following:
 - A current, signed lease or rental agreement with the rental term listed
 - Utility bill (gas or electric) for the last or current month
- A pay stub from your employer, for the last or current month, showing the resident address
- A notarized letter from the landlord with the rental term listed. It must list the property owner's name, address, and signature; and the name and signature of the parent/guardian residing at the residence. Additional information:
 - Any student whose residency is deemed homeless will be verified by our District Homeless Coordinator.
 - Falsification of any information or document required for residence verification, or the use of the address of another person without actually residing there may result in revocation of enrollment at an attendance center and reassignment to resident school.

Procedure 602.4c may be viewed in full at: <http://www.cr.k12.ia.us/aboutUs/BoardOfEd/supportDocs/PolicyHandbook/PolicyHandbook.pdf>

BIRTHDAY CELEBRATIONS

Changes to birthday celebrations. The Cedar Rapids Community School District is putting into place some new Wellness Initiatives starting next fall, that are focused on creating healthier students. One of those initiatives is Wellness Regulation 610.1, which states:



- Schools will celebrate birthdays only once a month
- Schools will only celebrate with food that meets District Recommended Nutritional Guidelines (healthy snacks)

We will be celebrating all birthdays here at Hoover on the last Friday of each month. The date will also be listed on our monthly calendar. This is a change for our students, but one that will provide additional instructional time, as well as the opportunity to celebrate with healthy food options. According to the new district policy, the Hoover office will need to keep any food items that don't fit the District nutritional guidelines, and then send them home with the student at the end of the day. A list of acceptable snacks was sent home this summer or can be picked up at the main office.



BOX TOPS AND CAMPBELL SOUP LABELS

Please remember to save Box Tops and Campbell Soup Labels. Please see websites for more information and ways to earn- www.boxtops4education.com and www.labelsforeducation.com. We earn money for our school and well as earning items for the playground and classrooms. Thank you Hoover families for doing your part.



Follow the District on ,  @crschools, and  YouTube

October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p>Day 3 Boys Intramurals 3:45 Imagination Atanasoff/Seeley classes Field trips</p>	<p>Day 1 Girls Intramurals McMahon Class Field trip</p>	3
4	<p>Day 2B</p>	<p>Day 3 Boys Intramurals 3:45 Coding Club</p>	<p>Day 1 Art Club Girls Intramurals</p>	<p>Day 2A 3:45 Imagination</p>	<p>Day 3 Boys Intramurals</p>	10
11	<p>Columbus Day Day 1 Art Club Girls Intramurals</p>	<p>Day 2B Coding Club 6:00 PTA Meeting</p>	<p>Day 3</p>	<p>Day 1 Girls Intramurals 3:45 Imagination</p>	<p>NO SCHOOL</p>	17
18	<p>Day 2A Fire Departments visits Kindergarten and 3rd</p>	<p>Day 3 Boys Intramurals Coding Club</p>	<p>Day 1 Art Club Girls Intramurals</p>	<p>Day 2B Conferences Imagination</p>	<p>Day 3 Boys Intramurals America Reads Day</p>	24
25	<p>Day 1 Art Club Girls Intramurals</p>	<p>Day 2A Conferences</p>	<p>Day 3 Boys Intramurals</p>	<p>Day 1 Girls Intramurals 3:45 Imagination</p>	<p>Day 2B October Birthdays PARRT Assemblies</p>	<p>Halloween</p>