

A Minimum of One Fruit or Vegetable is required for a reimbursable meal



**Flood Revised- October 2016**  
**Elementary School Lunch Menu**

Daily Milk offered includes 1%, skim, or skim chocolate

All meals include milk, fruit, vegetable, grain, meat/meat alternative

October 3	October 4	October 5	October 6	October 7
Fish Sticks w/ Hot Roll <b>Sides:</b> Mandarin Oranges Mashed Potatoes & Gravy School Planned Veggie	Spaghetti & Meat Sauce w/ Breadstick <b>Sides:</b> Fruit Cocktail School Planned Veggie Mixed Vegetables	Chicken Nuggets w/ Cheesy Rice <b>Sides:</b> Apples Baked Beans School Planned Veggie	Beef Teriyaki Dippers w/ Buttered Noodles <b>Sides:</b> Pears Side Salad Roasted Chickpeas	Mini Corn Dogs <b>Sides:</b> School Planned Fruits and Vegetables
October 10	October 11	October 12	October 13	October 14
Macaroni & Cheese <b>Sides:</b> Peaches Mixed Vegetables Peas	Soft Shell Tacos w/ Salsa <b>Sides:</b> Orange Smiles Refried Beans Corn	Loco Chicken Fajita <b>Sides:</b> Pineapple Sweet Potato Fries Green Beans	Grilled Cheese & Tomato Soup w/ Goldfish <b>Sides:</b> Mandarin Oranges Side Salad Fresh Cauliflower	Popcorn Chicken Salad w/ Breadstick <b>Sides:</b> School Planned Fruits and Vegetables
October 17	October 18	October 19	October 20	October 21
Mini Ravioli w/ Garlic Bread <b>Sides:</b> Applesauce Green Beans Cucumber Slices	Stuffed Cheese Sticks w/ Marinara <b>Sides:</b> Oranges Smiles Mixed Vegetables Sweet Potato Fries	Scrambled Eggs & French Toast Sticks <b>Sides:</b> Hot Cinnamon Apples Broccoli Tri-Tater Tots	Walking Taco w/ Salsa <b>Sides:</b> Peaches Side Salad Refried Beans	Crazy Chicken Wrap <b>Sides:</b> School Planned Fruits and Vegetables
October 24	October 25	October 26	October 27	October 28
Fruit Parfait w/ Granola <b>Sides:</b> Mandarin Oranges Tri-Tater Tots Fresh Celery	Spaghetti & Meat Sauce w/ Breadstick <b>Sides:</b> Fruit Cocktail Baby Carrots Mixed Vegetables	Chicken Nuggets w/ Cheesy Rice <b>Sides:</b> Apples Baked Beans Mixed Vegetables	Beef Teriyaki Dippers w/ Buttered Noodles <b>Sides:</b> Pears Side Salad Fresh Cauliflower	<b>No School</b>
October 31				
Mummies in a Blanket <b>Sides:</b> Mandarin Oranges Green Beans Mixed Vegetables				
Monday Alternate	Tuesday Alternate	Wednesday Alternate	Thursday Alternate	Friday Alternate
Hamburger/Cheeseburger Sun Butter & Jelly + Cheese Stick Cheese Pizza Round	Chicken Patty Sun Butter & Jelly + Cheese Stick Pepperoni Pizza	Beef Honey BBQ Rib Sun Butter & Jelly + Cheese Stick Cheese Pizza Round	Yogurt with Muffin Sun Butter & Jelly + Cheese Stick Sausage Pizza	Fish Wedge Sun Butter & Jelly + Cheese Stick Cheese Pizza Round

**P** May Contain Pork

This institution is an equal opportunity provider. [Link to Nondiscrimination Statement on Dept. Website.](#)